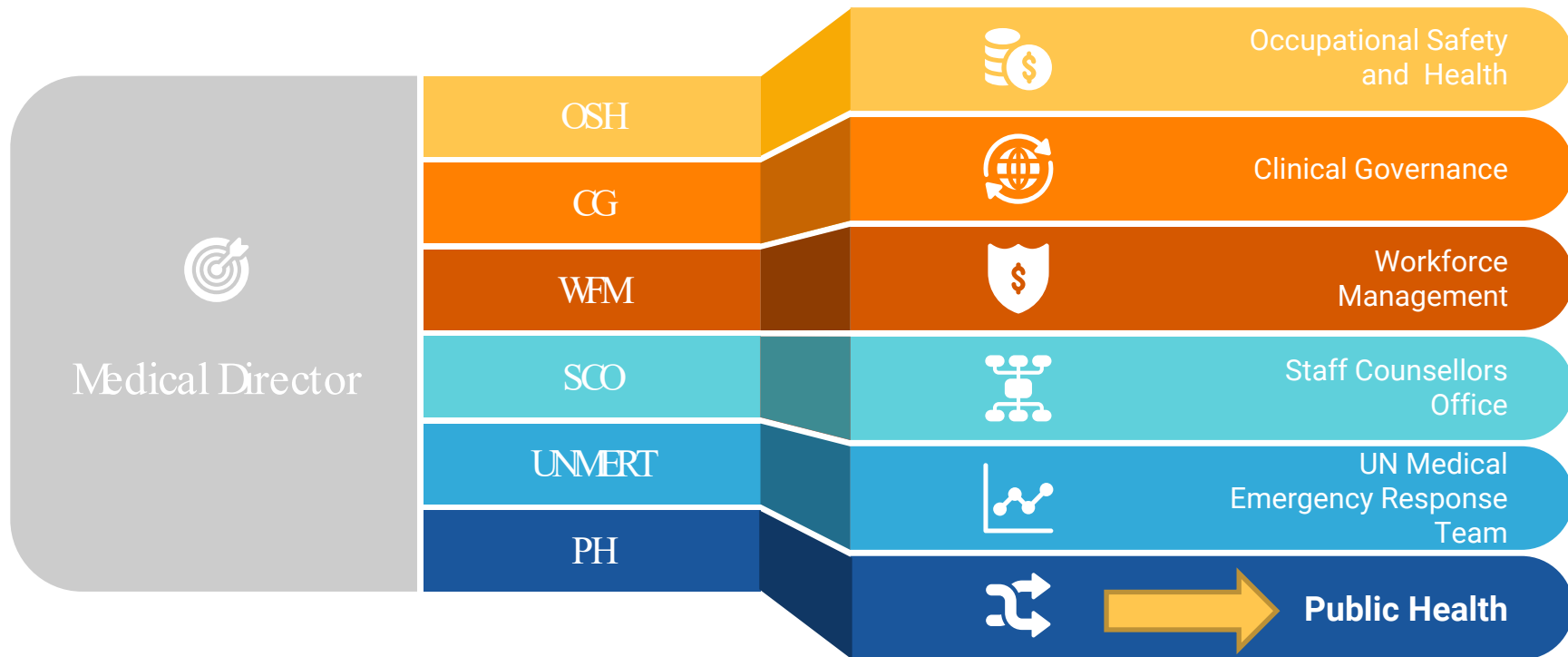


Health & Wellness Initiatives for for UN Personnel Globally

Dr. Esther Tan, MD MPH
Senior Medical Officer
DHMOSH Public Health
tan2@un.org



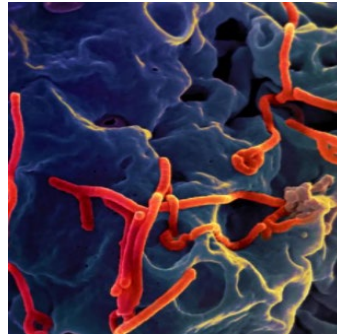
Organization Chart of DHMOSH



Public Health in 21st Century



- Critical time in the 21st century for Public Health
- Numerous health and readiness threats of infectious disease, chronic disease, mental health etc.
- Public health is a team-sport -- you are all **critical players**
- Requires engagement with many partners to drive change and develop effective prevention strategies to improve health of people and environment we live and work in.



Defining Public Health



Photo: IF Fisher and EL Fisk

“The science and art of preventing disease, prolonging life, and promoting health through the organized efforts and informed choices of society, organizations, public and private communities, and individuals.”

—CEA Winslow

Mission of DHMOSH Public Health Section

1. Preparation/response to **infectious disease outbreaks, epidemics and public health emergencies**
2. Provide guidance and promotion of **healthy lifestyles** amongst staff
3. Coordinate & manager UN system-wide **HIV & PEP program**
4. Identify key **epidemiological trends** in staff health



Important Partnerships We Have

SCO/CISMU / Counsellors

Mental health/
psychosocial aspects



Medical Community

UN Medical Directors
military medical /
CMOs / UN Clinics /
WHO / CDC / MOH



Human Resources

HR Network, HR
directors / EOs



HIV Focal Points

PEP custodians
HIV focal points
UN Cares volunteers



OSH & Logistics Partners

DSS / Safety Officers
OSH committees
MSS/OCSM
PD



UN Leadership

UN Secretariat, AFPs,
Mission HoM,
DMS/CMS / RCs /
Policy arms / OMA



DHMOSH Public Health: Signature Programs/Topics

HIV & PEP Program

HIV Program for
Peacekeeping
UN System HIV PEP
Program



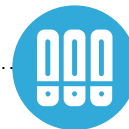
Infectious Diseases

Emerging Diseases/
Pandemics /
Vaccination Policies



Vector-Borne Diseases

Eg Malaria / Zika



Physical Activity

Global Health Challenge
Physical Activity Survey



Health Promotion

"Lifestyle" diseases /
Chronic Diseases



Health Informatics

Surveillance /
Epidemiology

DHMOSH Organization Chart



Clarifications of Difference Between “Occupational Health Section (OSH)” & “Public Health Section (PH)”



Overview of OSH vs PH Role

- OSH or Public Health section will take the lead depending on:-
 - Where the hazards, exposures and risks are **predominantly** located



Overview of Public Health vs OSH Role

Public Health (PH)

- ❑ **Hazards, exposures and risks that affect the population in general**—inclusive of UN personnel in the workplace
- ❑ Where **everyone** (babies to the elderly) **are potentially at risk**, including UN personnel and their dependents (e.g., **lifestyle diseases, communicable diseases**)

Occupational Health and Safety (OSH)

- ❑ Worker exposure due to **hazards in the workplace**
- ❑ Worker **exposure directly related to service** (e.g., fire safety, ergonomics of workstations)

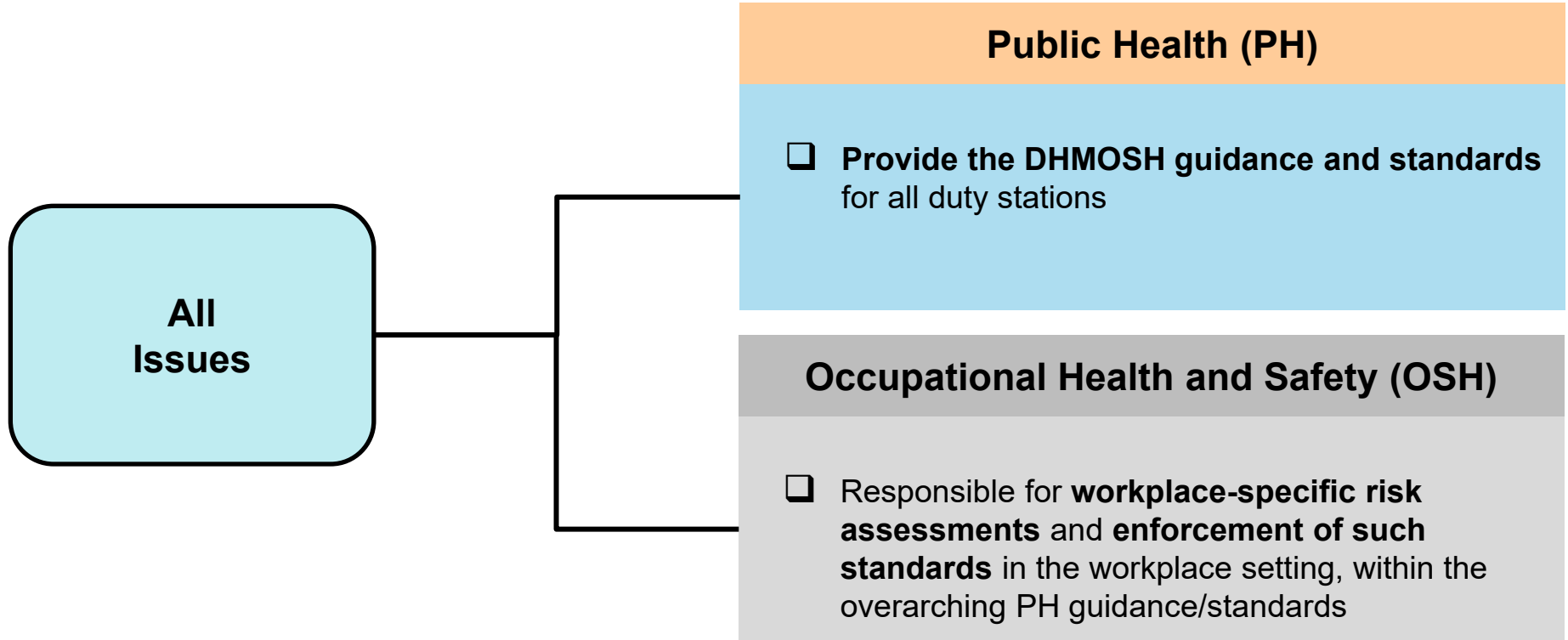


Public Health vs OSH



PUBLIC HEALTH	OSH
Chronic Diseases prevention/management for UN personnel	Ergonomics and manual handling
Infectious Diseases prevention/management for UN personnel	Work equipment
Vector-Borne Diseases prevention/management for UN personnel	Workplace exposure and risk assessments (chemical, biological, radiological, electrical and physical environment)
Staff Health promotion – physical health	Behavioural and procedural safety
	Fire and transport safety
	First aid and clinical support in New York headquarters locations

Overview of OSH vs PH Role



Overview of OSH vs PH Role Specifically in UN Health Promotion Programs

**Global Health and
Wellness Promotion
for UN Personnel**

```
graph LR; A[Global Health and Wellness Promotion for UN Personnel] --- B[ ]; B --- C[Public Health (PH)]; B --- D[Occupational Health and Safety (OSH)];
```

Public Health (PH)

- Take the lead to develop guidance, initiatives and programmes for all duty stations globally

Occupational Health and Safety (OSH)

- Responsible for implementation of such standards/guidance for staff in New York, within the broader framework as set out by the PH unit

Example of UN Public Health Programs

- **Policy setting** for infectious diseases & chronic diseases
- **Operational support** on infectious & chronic diseases
- Training of medical and non-medical partners
- Quarterly **UN Global Health Challenge**
- Monthly UN **Public Health Conversation Series** for Staff
- Monthly UN **Public Health Leadership Series**
- UN **Health & Wellness Champions** Program
- UN System **HIV Post-Exposure Prophylaxis** Kit Program
- **Disease surveillance and outbreak tracking**
- **Outbreak, epidemic, pandemic response**



A Healthy Workforce

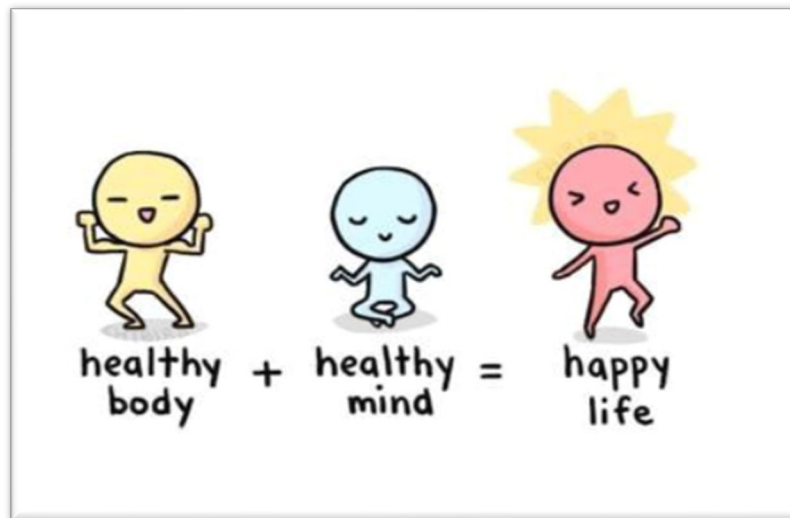


What Can You Do?

PLAY YOUR PART



- **Implement & enforce/adhere guidance** on infectious disease and chronic disease e.g. COVID-19
- Support us to **disseminate relevant communications** on public health, infectious disease and health promotion offerings and programs in your duty station
- **Support DHMOSH Public Health initiatives yourself**
- **Encourage UN personnel to attend and participate** at key health promotion webinars or meetings
- Provide **suggestions, feedback and ideas** to our team for improvement of health and wellbeing of UN personnel in your mission
- **Actively use any public health tools that we provide you**
- Be a health/public health leader and **role model in your duty station**



Way Forward: Continued Collaborations & Communications with You to Achieve Health & Wellbeing of UN Personnel Globally



Dos-dhmosh-public-health@un.org

<https://hr.un.org/page/healthy-workforce-better-world>