It may not be easy to know what’s going on for others. Do your best, have a guess but keep an open mind and have a think also about what part you may have played in the situation.
This is about you - how you felt, not so much what they did. "I felt upset when you ..." not "you're out of order when you ...".
Tell them you want to talk about it because you care.

I am only telling you this because I care about you... us working together, our project being successful our relationship.

The purpose of your conversation must be to make things better. Stating it has a lot of power.
This is harder than it sounds and means resisting the urge to say your piece (or to walk off).
You want them to tell you about their points of view if possible.
You can help them by asking nice open questions: what, why, how.
For example, they agree that they will now raise any issues between them immediately. Not let them fester.