

# United Nations HIV PEP Patient Information Sheet

## Recommendations for UN Personnel

### June 2023

- This information sheet Must be provided to all UN personnel when accessing the UN Provided HIV PEP kits in duty stations and missions.
- The information provided in this document serves to itemize important steps and tools that the patient must comply with and or familiarize themselves with before using the HIV PEP, irrespective of the mode of exposure to HIV.
- This information sheet does not replace the UN Medical Directors HIV PEP Guidelines. Instead, it makes reference to key parts of the document.
- **Patients are advised to read the patient information portion of the UN HIV PEP Guideline in addition to this information sheet.**
- Contact [dos-dhmosh-hiv@un.org](mailto:dos-dhmosh-hiv@un.org) for more information.

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## 1 Guideline

- **The “UN Medical Directors Guidelines for the use of UN-Issued HIV Post-Exposure Prophylaxis (PEP) kits for Occupational / Non-Occupational HIV Exposure occurring in UN Personnel and Dependents”** contain all essential information that the UN personnel /patient accessing the UN-provided HIV PEP kits must read before administration of the services. The hard copy of the form will be provided to the patient by the custodian.
- The provided guidelines have specific information for the patient about HIV basics, prevention and HIV PEP administration, etc.
- It is advisable for the patient to read the guidelines before HIV administration.

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## 2 HIV PEP Forms

- **Custodian and Patient Reporting form:**
  - This contains the consent that must be read by the patient and other information that the patient and custodian must provide before the administration of the services. The personnel must read the Consent information provided on the UN HIV PEP custodian and Patient reporting form and agree with the content before taking the service.
  - All patient sections of the form must be duly filled and returned to the HIV PEP Custodian.
- **Physician Assessment form**
  - The healthcare provider will fill out this form to check for the patient's medical eligibility before administration of the kits. The attending physician will also advise if there is a need for HIV PEP and treatment for other infections,
  - All information provided and shared during the administration of the HIV PEP services are strictly confidential.

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## 3 HIV PEP Medication/s

- HIV PEP should be initiated as soon as possible after exposure, **ideally within two hours or less, and no later than 72 hours post-exposure.**
  - Adherence to a full 28-day course of the current ARV medicines regimen is critical for the effectiveness of the treatment,
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- Some of the medications in the kit may cause unwanted symptoms which may be experienced while taking the medicine.
  - The patient should inform their healthcare provider and or PEP custodian immediately if they develop a rash or other severe symptoms.

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#### **4 Follow-up**

- HIV PEP Custodian and or attending healthcare provider may schedule a follow-up visit for additional testing.
  - A follow-up HIV test is recommended at three months, and in some circumstances, additional testing with blood work is required at six months. Your custodian and or healthcare providers. All the necessary contact information and numbers should be retained for reference.
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