

## DHMOSH Public Health – Important Policy & Events Brief (29 December 2023)

*\*Please click on the hyperlinks for more detailed information for each point*

### Infectious Disease Outbreaks & Guidelines

- **COVID 19 Isolation Policy**
  - The latest [United Nations Medical Directors' Risk Mitigation Plan for COVID-19 Recommendations for UN Personnel](#) following WHO's [Guideline Clinical management of COVID-19: living guideline \(who.int\)](#) states that individuals who are symptomatic due to SARS-CoV-2 infection should be in isolation for at least 10 days. Rapid antigen tests can be used to guide or reduce the isolation period. Individuals who are and remain asymptomatic should be in isolation for at least 5 days.
  - More information is available here: [Infection prevention and control in the context of coronavirus disease \(COVID-19\): A living guideline.](#)
- **Conjunctivitis**
  - We are pleased to inform you that a new page on [Conjunctivitis](#) has been created on our HR Portal under the Disease-Specific Information subpage. This page provides key information for staff on the prevention of disease and includes the new **DHMOSH Guidance for the Management of Acute Conjunctivitis Cases and Outbreaks** ([English/French](#)).

### UN Staff Health & Wellness Survey 2023

- The UN Staff Health and Wellness Survey 2023, a comprehensive survey that collects key information on the current physical and mental health of the UN workforce globally to assess the overall health and safety risks facing UN personnel is officially closed. A huge thanks to all who have shared their views and feedback - a total of **4,070** responses were received from the UN Secretariat entities.

### HIV/PEP Kit Program

- The DHMOSH Public Health team organized an HIV PEP meeting on 22 November 2023 for HIV focal points, advisors, PEP custodians and other HIV/PEP stakeholders. The meeting covered the basics of HIV and went over the roles and responsibilities of PEP Custodians and any updates on the PEP program.
- The recording of this training and all HIV/AIDS and HIV PEP resources can be accessed at the UN HR Portal dedicated webpage at this [link](#).
- DHMOSH participated as a panelist in the World AIDS Day conference organized by the UN Civil Service Society and streamed on UN WebTV. Issues on community-led HIV Prevention and treatments were discussed.
- For further information on the above, please reach out to [dos-dhmosh-hiv@un.org](mailto:dos-dhmosh-hiv@un.org).

### UN Global Health Challenge

- **BONJOUR 2024**
  - The Public Health Unit in the Division of Healthcare and Management and Occupational Health (DHMOSH) invites you to welcome the New Year by “stepping” to improve your overall health for 45 days, from **January 1 to February 14, 2024**. This is an individual challenge aiming to reach an average of 8,000 steps a day by Valentine's Day.
  - How to join? See the step-by-step guidance [here](#).

- **FALL IN STEP UP: UN Global Health Challenge 2023**

- Congratulations to all steppers who participated in the recent [Fall In, Step Up: UN Global Health Challenge 2023](#). The [annual global exercise](#) is part of our commitment to promoting physical activity for overall health among UN personnel.
- On 11 September, 3,000 steppers from around the world grouped into 120 teams and embarked on a 90-day journey towards health and wellness...10,000 daily steps at a time have achieved an average of **8,902** steps per day!
- Nine teams succeeded in being "Highly Active", logging a daily average of more than 12,500 steps, and 17 teams were "Active", averaging between 10,000 and 12,499 steps. Out of the 2,532 steppers who synchronized their steps with the mobile activity tracking app, a whopping 25 percent were able to reach and exceed the target of 10,000 steps recommended by the World Health Organization. A further 16 percent showed a promising moderate level of physical activity that closely approached the goal.
- See more details of the results here: [Results of FALL IN, STEP UP! UN Global Health Challenge 2023](#) (22 December 2023)

#### **DHMOSH Public Health Conversation Series Seminar #12: Healthy Eating in the Holiday Season**

- Thank you to the over 120 participants of our November 16th DHMOSH Public Health Conversation Series talk on “**Nourishing Joy: Healthy Eating in the Holiday Season**”.
- Video recording of this session and all previous episodes in the series can be found [here](#).
- If staff want to receive a calendar invitation for future talks, please encourage them to register [here](#) today.

#### **Recent iSeek Articles**

- As a resource, please see below the list of recent DHMOSH Public Health iSeek articles for your use/dissemination:
  - [Have you completed the UN Staff Health & Wellness Survey yet?](#) (20 November 2023)
  - [Asthma takes your breath away](#) (28 November 2023)
  - [World AIDS Day 2023: Let Communities Lead!](#) (1 December 2023)
  - [Nourishing joy: Healthy eating during the holidays](#) (11 December 2023)
  - [Results of FALL IN, STEP UP! UN Global Health Challenge 2023](#) (22 December 2023)

#### **About the DHMOSH Public Health Team**

- If you would like to **learn more about DHMOSH Public Health’s work** and support that we can offer, please see [here](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health – Important Policy & Events Brief (14 November 2023)

*\*Please click on the hyperlinks for more detailed information for each point*

### UN Staff Health & Wellness Survey 2023

- Please note that we have recently launched the **UN Staff Health and Wellness Survey 2023** for the Secretariat. This is a comprehensive survey that collects key information on the current physical and mental health of the UN workforce globally to assess the overall health and safety risks facing UN personnel.
- This is a very important survey which affects you. Your views and feedback help the Organization evaluate and improve its current health and well-being programs and policies and shape future approaches.
- All UN Secretariat personnel are encouraged to participate.
  - All active UN personnel with an organizational email address can access this survey at <https://reflections.agendaconsulting.co.uk/UNHI2023> (generic password: **UNHealth2023**).
  - After initial entry, the system will generate a unique password that can be used to re-enter the survey and pick up where you left off. The survey can be completed at your convenience until **30 November 2023**. No edits can be made following submission.
  - This survey is completely anonymous, confidential, and only aims to collect and aggregate data. At no point will you have to provide any identifying information. You also have the option to skip any question you do not want to respond to.
  - More information in the [FAQs](#). For other questions, contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org).

### HIV/PEP Kit Program

- We will be holding a training session for all HIV PEP Focal Points and Custodians on **22nd November 2023, at 9:30 a.m. New York time**. The meeting will cover basics of HIV and go over the roles and responsibilities of PEP Custodians and any updates on the PEP program.
- The expected participants in this training are the CMOs, HIV focal points, HIV PEP Custodians and all stakeholders involved in HIV management in your duty stations and missions.
- A recording of the presentation will be made available for the benefit of those who are unable to attend or do not have access to the platform.
- For further information on the above, please reach out to [dos-dhmosh-hiv@un.org](mailto:dos-dhmosh-hiv@un.org).

### DHMOSH Public Health Conversation Series Seminar #11: The Vital Role of Food & Nutrition in Holistic Health

- Thank you to the over 200 participants of our September 27th DHMOSH Public Health Conversation Series talk on “**Revitalizing Wellness: The Vital Role of Food & Nutrition in Holistic Health**”.
- Video recording of this session and all previous episodes in the series can be found [here](#).
- If staff want to receive a calendar invitation for future talks, please encourage them to register [here](#) today.

### SAVE THE DATE for the next Public Health Conversation Series Seminar #12: Healthy Eating in the Holiday Season

- We will hold another DHMOSH PH Conversation Series seminar to share information on “**Nourishing Joy: Healthy Eating in the Holiday Season**” this Thursday, 16 November at 9 am EST.
- If you or your staff would like to receive a calendar invite to this talk, please register [here](#) today.

### Recent iSeek Articles

- As a resource, please see below list of recent DHMOSH Public Health iSeek articles for your use/dissemination:
  - [Don't wash your chicken!](#) (8 September 2023)
  - [Protect against rabies; vaccinate your pets](#) (28 September 2023)
  - [Be Heard! Answer the UN Staff Health and Wellness Survey 2023](#) (2 October 2023)
  - [The vital role of food and nutrition in holistic health](#) (11 October 2023)
  - [Sources of lead poisoning in your own home](#) (26 October 2023)
  - [World Polio Day: What you can do](#) (30 October 2023)
  - [Are you at risk for type 2 diabetes?](#) (14 November 2023)

### About the DHMOSH Public Health Team

- If you would like to **learn more about DHMOSH Public Health's work** and support that we can offer, please see [here](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health – Important Policy & Events Brief (28 August 2023)

*\*Please click on the hyperlinks for more detailed information for each point*

### Infectious Disease Outbreaks & Guidelines

- **Animal Bites**
  - The [French version](#) of **UN Public Health Technical Guidance For The Prevention And Management Of Rabies** is newly updated and now available for your information.
- **Cholera**
  - In light of increasing Cholera outbreaks around the world, including in the DRC, we want to share with you this [UN DHMOSH Cholera website](#) for your reference. This site contains an information brochure for staff, UN Medical Director's Risk Mitigation Plan and other helpful resources.

### 2021 UN Staff Health & Wellness Survey

- As part of the [UN Staff Health and wellness survey](#), UN Secretariat entities were provided with a worksheet to help identify key areas of success and areas that need improvement, as well as a list of easy-to-implement interventions for each health metric. We hope that these could help them create a feasible action plan to tackle each of the important findings from this survey.
- If you have any thoughts or are interested in sharing your action plan with us, please contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org).
- [Introduction of the survey](#), [key highlights](#) and the [full export results](#) are available for your reference.

### UN Secretariat Mental Health Dashboard - 2021 UN Health Survey

- The UN Secretariat Mental and Well-Being Dashboard based on the results of the UN health survey undertaken in 2021 has been launched recently. This [dashboard](#) includes key findings and sections on psycho-social risk factors, the impact of the COVID-19 pandemic, and domestic abuse. Users can filter the results by entity, duty station, and demographics (gender, age, marital status, and staff category).
- You can find out more at: <https://iseek.un.org/nyc/article/launch-secretariat-mental-health-and-well-being-dashboard>.

### UN Global Health Challenge

- The Division of Healthcare Management and Occupational Safety and Health (DHMOSH) is excited to announce that the long-awaited UN Global Health Challenge is back! Sign up to **FALL IN, STEP UP!** and improve your overall health by “stepping” for 90 days from 11 September to 9 December 2023. Join your duty station’s country team and aim to reach a combined average of 10,000 steps a day. It’s all about teamwork. You can also form your own team with select colleagues and friends, or even your department or division as a team building exercise! Visit <https://hr.un.org/page/fall-step-un-global-health-challenge-2023> for more information.

### Join in DHMOSH Public Health Conversation Series Seminar #11: Body Positivity, Nutrition, and Having Fun

- We will hold another DHMOSH PH Conversation Series seminar to share information on "**Body Positivity, Nutrition, and Having Fun**". This activity is coordinated with LifeSum.
- If staff want to receive a calendar invite to this talk, please encourage them to register [here](#) today.

### More Recent iSeek Articles

- As a resource, see below list of recent DHMOSH Public Health iSeek articles for your use:
  - [Fall in, Step up! Join the UN Global Health Challenge 2023](#) (28 August 2023)
  - [One Life, One Liver](#) (4 August 2023)

### About the DHMOSH Public Health Team

- If you would like to **learn more about DHMOSH Public Health's work** and support that we can offer, please see [here](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health – Important Policy & Events Brief (7 July 2023)

*\*Please click on the hyperlinks for more detailed information for each point*

### Infectious Disease Outbreaks & Guidelines

- **Animal Bites**
  - We are pleased to inform you that a new page on [Animal Bites](#) has been created on our HR Portal under the Disease-Specific Information subpage. This page provides key information for staff on prevention of the disease and includes the new **UN Public Health Technical Guidance For The Prevention And Management Of Rabies** ([English](#)).
- **COVID-19**
  - The UN Medical Directors' Risk Mitigation Plan for COVID-19 ([ENG](#)) has been revised to be aligned with WHO's latest quarantine and contact tracing recommendations on 29 June.
- **Influenza**
  - In order to reduce the risk of UN personnel and their dependents from contracting influenza, the United Nations Medical Directors (UNMD) have developed specific recommendations for UN personnel. Please consult the **UNMD Influenza Risk Mitigation Plan** ([English](#) / [French](#)) and be sure to implement UNMD's recommendations for the risk category that you fall under. These recommendations will be updated as new information and guidance become available.
  - More key information for staff on prevention of this disease can be found [here](#) on our HR Portal under the Disease-Specific Information subpage.

### 2021 UN Staff Health & Wellness Survey

- As part of the UN Staff Health and wellness survey, UN Secretariat entities were provided with a worksheet to help identify key areas of success and areas that need improvement, as well as a list of easy-to-implement interventions for each health metric. We hope that these could help them create a feasible action plan to tackle each of the important findings from this survey.
- If you have any thoughts or are interested in sharing your action plan with us, please contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org).
- [Introduction of the survey](#), [key highlights](#) and the [full export results](#) are available for your reference.

### HIV/PEP Kit Program

- Under the advice of the Office of Legal Affairs, we have just developed a new **"HIV PEP INFORMATION SHEET"** that must be handed over to personnel in addition to HIV PEP guidelines. The information sheet provides a snapshot of the process and tools required while using the UN HIV PEP kits. The HIV PEP Information sheet **does not** replace the UN HIV PEP guideline, but it provides essential information that the patient must pay attention to while accessing the PEP services.
- We have also updated the **Custodian and Patient Reporting Form** with "specific consent information" that the patient must read and acknowledge before administration of the kit.
- All custodians must print the new HIV PEP information sheet and Custodian and Patient reporting form and hand them over to personnel accessing the PEP services.

- The UN Medical Director HIV Post-Exposure Prophylaxis Guideline must be provided to all UN personnel accessing the HIV PEP services. More information and the guidelines are available here: <https://hr.un.org/page/hiv-and-aids>

#### Join in DHMOSH Public Health Conversation Series Seminar #11: Body Positivity, Nutrition, and Having Fun

- We will hold another DHMOSH PH Conversation Series seminar to share information on “**Body positivity, nutrition, and having fun**”. This activity is coordinated with LifeSum.
- If staff want to receive a calendar invite to this talk, please encourage them to register [here](#) today.

#### About the DHMOSH Public Health Team

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## DHMOSH Public Health – Important Policy & Events Brief (6 June 2023)

*\*Please click on the hyperlinks for more detailed information for each point*

### Infectious Disease Outbreaks & Guidelines

- **COVID-19 - WHO declared that COVID-19 PHEIC was over on 4 May 2023**
  - On 4 May, the WHO Director-General concurred with the advice offered by the International Health Regulations (2005) (IHR) Emergency Committee regarding the ongoing COVID-19 pandemic. He determines that **COVID-19 is now an established and ongoing health issue which no longer constitutes a public health emergency of international concern (PHEIC)**. You can read WHO's statement here ([English](#) / [French](#)).
- **COVID-19 - Extension of the temporary and extraordinary transitional measures**
  - The **current transitional measures** for the resumption of uniformed rotations, repatriations and deployments to and from United Nations peacekeeping and relevant special political missions, which are valid until 30 April 2023, **are extended** until further notice. Please see the attached Code Cable for more information.
  - The **pre-deployment testing and requirement** to show negative COVID-19 PCR test taken **within 72 hours** prior to deployment date, will continue to be **mandatory**, irrespective of COVID-19 vaccination status, until further notice. Written proof of a negative test result must be presented to the mission upon arrival. Missions are required to keep electronic records of those PCR test results. The completion of a full COVID-19 vaccination primary series, as well as booster shot/s, continue to be strongly encouraged to ensure personal protection against the virus.
  - Compliance with these measures remains mandatory for all missions. It should be noted that all measures are subject to change, should the prevailing outbreak dynamics globally warrant it.
  - **With WHO declaring that COVID is no longer a PHEIC, this policy is currently being reviewed. If it is revised, further instructions will be disseminated soon.**
- **UN Medical Directors Risk Mitigation Plan for Typhoid (French Version)**
  - Under the Disease-Specific Information subpage on our HR Portal, we provide key information for staff on prevention of the diseases, including [Dengue](#), [Meningococcal Disease/Meningitis](#), [Typhoid](#), and [Yellow Fever](#).
  - For each of these diseases, we have also developed a UN Medical Directors Risk Mitigation Plan for all UN personnel. Amongst them, **UN Medical Directors Risk Mitigation Plan for Typhoid ([French Version](#))** is newly updated and now available for your information.
- **Influenza**
  - In order to reduce the risk of UN personnel and their dependents from contracting influenza, the United Nations Medical Directors (UNMD) have developed specific recommendations for UN personnel. Please consult the **UNMD Influenza Risk Mitigation Plan ([English](#))** and be sure to implement UNMD's recommendations for the risk category that you fall under. These recommendations will be updated as new information and guidance become available.

- More key information for staff on prevention of this disease can be found [here](#) on our HR Portal under the Disease-Specific Information subpage.
- We had given an **influenza training session** on 27 March 2023 in light of the **avian influenza** news, you can watch the presentation on the current [Avian Influenza surveillance](#).
- **Marburg Virus Disease**
  - The Tanzanian Ministry of Health recently confirmed that the Marburg virus outbreak is over in the country. During this period, many resources were provided and available to duty stations on this disease found here: <https://hr.un.org/page/marburg-virus-disease>

#### Pilot Disease Surveillance Program for Peacekeepers

- For your information, the Public Health Team is implementing a **pilot Public Health Surveillance System** for four selected UN DPO field operations with the ability to expand it further to all duty stations where UN personnel serve. Target missions include **MINUSCA, MINUSMA, MONUSCO, and UNMISS**. These duty stations were selected based on the high rate of malaria incidence.
- The Public Health Surveillance System will provide information that can be used for health action by the DHMOSH Public Health Team as well as other stakeholders (e.g., field medical staff) to help inform policy and decision making, allocate resources, develop public health programs, and identify key areas for education and training. The data will be collected on a de-identified and aggregate basis and will provide a rich pool of data upon which UN's public health policy and response can be based.

#### HIV/PEP Kit Program

- The DHMOSH Public Health team organized a HIV and PEP meeting on 22 February 2023 for HIV focal points, advisors, PEP custodians and other HIV/PEP stakeholders.
- The presentation introduced the **new HIV PEP dashboard** available at this [link](#), and the **new PEP Custodian Online Directory**, available at this [link](#).
- Participants were informed that access to the HIV PEP Dashboard would only be granted upon request to DHMOSH while. The Custodian directory can be accessed using the personnel Unite ID login.
- In addition, if you did not attend the meeting, there is also a video presentation on how to navigate the directory and the dashboard are available at the links below:
  - **HIV PEP Kit Program Dashboard User Training Video:** <https://youtu.be/TbEmz1cpL-Q>
  - **HIV PEP Kit Custodian Directory User Training:** <https://youtu.be/NZHyoA6wNv8>
- Note that all HIV/AIDS and HIV PEP resources can be accessed at the UN HR Portal dedicated webpage at this [link](#).

#### UN Global Health Challenge

- **"HEART & SOLES"**, the 60-day UN Global Health Challenge which started on Valentine's Day to encourage UN personnel to improve their cardiovascular health by "stepping", concluded on 14 April with **an average of 9,036 steps** logged by **1,363 UN personnel** participating from multiple duty stations around the world.
- We have published "Getting Health is My New Normal", a new series in iSeek featuring some of our steppers' inspiring stories and experiences. The latest iSeek article can be found below for your perusal.
  - [Getting healthy is my new normal, part 17](#) (9 March 2023)

### Nutrition App (LifeSum) Program for UN Personnel

- We launched a new nutrition app program for UN personnel on 26 April. Free licenses for the LifeSum app were offered to UN staff globally on a first come first served basis, and all licenses were claimed within 2 hours since the broadcast.
- This program provides staff with access to the Lifesum program to **track nutrition, explore different meal plan options, participate in personal challenges, and track fitness and water intake**. In addition, Lifesum will provide four webinars with UN input with options for live cooking demonstrations, presentations on nutrition by Lifesum Registered Dietitians, and potential inclusion of other Lifesum sourced experts based on our preferences. These will also be recorded for sharing for those that are unable to attend. The first is tentatively planned for July.
- If interested, you may see the iSeek article published by our team to see more information - [Get your free UN weight management app now!](#) (26 April 2023).
- For other questions, visit the [UN Healthy Diet and Weight Management Programme](#) page.

### More Recent iSeek Articles

- As a resource, see below list of recent DHMOSH Public Health iSeek articles for your use:
  - [Yes! We can end TB](#) (24 March 2023)
  - [Public Health Conversation: 'The Brains that Refuse to Age'](#) (29 March 2023)
  - [The importance of nutrition in the first 1,000 days of life](#) (19 April 2023)
  - [Time to deliver zero malaria](#) (1 May 2023)
  - [Grow Food, Not Tobacco](#) (31 May 2023)

### Listen to The Importance of Nutrition for the First 1,000 Days of Life - DHMOSH Public Health Conversation Series #10!

- Thank you to the over 160 participants of our April 5th DHMOSH Public Health Conversation Series talk on **“The Importance of Nutrition for the First 1,000 Days of Life”**.
- Video recording of this session and all previous episodes in the series can be found [here](#).
- If you want to be on the mailing list for future talks, please register [here](#) today.

### Listen to The CDC Worksite Health ScoreCard: A Tool to Advance Workplace Health Promotion Programs and Practices - DHMOSH Public Health Leadership Series Seminar #4!

- Thank you to the over 110 participants of our May 3rd DHMOSH Public Health Leadership Series talk on **“The CDC Worksite Health ScoreCard: A Tool to Advance Workplace Health Promotion Programs and Practices”**.
- Video recording of this session and all previous episodes in the series can be found [here](#).
- If staff want to receive a calendar invite to this talk, please encourage them to register [here](#) today.

### About the DHMOSH Public Health Team

- If you would like to **learn more about DHMOSH Public Health’s work** and support that we can offer, please see [here](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health – Important Policy & Events Brief (7 March 2023)

*\*Please click on the hyperlinks for more detailed information for each point*

### Infectious Disease Outbreaks & Guidelines

- **NEW - UN Medical Directors Risk Mitigation Plan for Dengue, Meningococcal Disease/Meningitis, Typhoid, and Yellow Fever**
  - We are pleased to inform you that four new pages have been created on our HR Portal under the Disease-Specific Information subpage. These pages provide key information for staff on prevention of the diseases and include [Dengue](#), [Meningococcal Disease/Meningitis](#), [Typhoid](#), and [Yellow Fever](#)
  - For each of these diseases, we have also developed a **UN Medical Directors Risk Mitigation Plan for all UN personnel**. See the links below here for more information:
    - UN Medical Directors Risk Mitigation Plan for Dengue ([English](#) / [French](#))
    - UN Medical Directors Risk Mitigation Plan for Invasive Meningococcal Disease ([English](#) / [French](#))
    - UN Medical Directors Risk Mitigation Plan for Typhoid ([English](#))
    - UN Medical Directors Risk Mitigation Plan for Yellow Fever ([English](#) / [French](#))
- **Ebola Virus Disease (EVD)**
  - On 11 January 2023, health authorities in Uganda **declared the end of the outbreak of Ebola virus disease (EVD)** caused by Sudan ebolavirus (SUDV), which was first reported in September 2022.
  - Since the start of the outbreak, a total of 142 confirmed cases with 55 confirmed deaths were reported. Outbreaks of EVD are a known risk for Uganda, and this was the fifth EVD outbreak caused by SUDV reported in the country, the last in 2012.
- **Lassa Fever in Ghana**
  - Ghana reported an outbreak of Lassa Fever on the 24<sup>th</sup> of February 2023. A total of 14 cases has since been confirmed, with one death and more than 56 contacts since the onset of the current outbreak. Lassa Fever (a Viral Hemorrhagic fever) is endemic in most West African Countries (Nigeria, Benin, Ghana, Liberia, Mali and Sierra Leone).
  - More information on Lassa Fever is available for UN personnel on the UN Lassa Fever Page here <https://hr.un.org/page/lassa-fever>. Please also consult the UN Medical Director's Risk Mitigation Plan for Lassa ([English](#) / [French](#)).
- **Marburg Fever in Equatorial Guinea**
  - In light of the news that Equatorial Guinea confirming its first Marburg fever outbreak, we want to share with you this [UN DHMOSH Marburg virus website](#) for your reference. This site also contains the latest Marburg virus UNMD Risk Mitigation Plan for your review/implementation as needed. More information regarding this outbreak can be found [here](#).

### 2021 UN Staff Health & Wellness Survey

- A total of 4,620 UN Secretariat personnel worldwide responded to this 2021 Survey (including from DPO peacekeeping missions and DPPA political mission) which represents 11% of the total UN Secretariat personnel world-wide. The following key findings, both positive and those that need further improvement, have been communicated to all Heads of Departments and Offices, Regional

Commissions, Offices Away from Headquarters and Field Missions through a [UN memo dated 6 December 2022](#).

- PDF versions of the [UN Staff Health & Wellness Survey and Interactive Dashboard](#) and an [Introduction/Presentation](#) are available for downloading.
- You can also watch the video [Introduction to the UN Staff Health and Wellness Dashboard](#) on YouTube.

### UN Global Health Challenge

- February is American Heart Month and DHMOSH Public Health launched a “[HEART & SOLES: UN Global Health Challenge 2023](#)” on Valentine's Day to encourage UN personnel to improve their cardiovascular health by “stepping”. The challenge runs for 60 days until 14 April 2023. Invite UN personnel in your duty station to join this fun activity. More than 300 slots are still available.
- We have published “Getting Health is My New Normal”, a new series in iSeek featuring some of our steppers’ inspiring stories and experiences. The latest iSeek articles can be found below for your perusal.
  - [Getting healthy is my new normal, part 13](#) (9 January 2023)
  - [Healthy is my new normal, part 14](#) (21 February 2023)
  - [Healthy is my new normal, part 15](#) (27 February 2023)
  - [Healthy is my new normal, part 16](#) (3 March 2023)

### More Recent iSeek Articles

- As a resource, see below list of recent DHMOSH Public Health iSeek articles for your use:
  - [Gynaecological Health and Cervical Cancer: Early Detection is Key](#) (24 January 2023)
  - [Know Your HIV status: Get Tested!](#) (8 February 2023)

### Listen to The Brains that Refuse to Age Talk, DHMOSH Public Health Conversation Series #8!

- Thank you to the over 130 participants of our January 26<sup>th</sup> DHMOSH Public Health Conversation Series talk on “**The Brains that Refuse to Age**”.
- Video recording of this session and all previous episodes in the series can be found [here](#).
- If you want to be on the mailing list for future talks, please register [here](#) today.

### Listen to COVID-19 Global Updates in Year 4 of the Pandemic: DHMOSH Public Health Conversation Series Seminar #9!

- Thank you to the over 100 participants of our February 28<sup>th</sup> DHMOSH Public Health Conversation Series talk on “**COVID-19 Global Updates in Year 4 of the Pandemic**”.
- Video recording of this session and all previous episodes in the series can be found [here](#).
- If you want to be on the mailing list for future talks, please register [here](#) today.

### Public Health stories from the field

- Here we feature interesting public health & health promotional campaigns from the field.
- With a strategy that prioritizes integration and inclusivity, the UNMISS Health Services have consistently delivered health campaigns with the theme “**Health Promotion and Diseases Prevention through Lifestyle modification**” to UNMISS civilian and uniform personnel, as well as UNMISS contractors and UN Agencies, Funds, and Programs resident in the UNMISS compound.
- For more information, please see the attached UNMISS report.

### About the DHMOSH Public Health Team

- If you would like to **learn more about DHMOSH Public Health's work** and support that we can offer, please see [here](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health – Important Policy & Events Brief (9 January 2023)

*\*Please click on the hyperlinks for more detailed information for each point*

### Infectious Disease Outbreaks & Guidelines

- **Yellow Fever:** See WHO information on the Yellow Fever situation in WHO Africa.  
<https://www.who.int/emergencies/disease-outbreak-news/item/2022-DON431> WHO recommends vaccination for all international travelers going to areas at risk for yellow fever transmission. WHO recommends avoidance of mosquito bites, including the use of repellents and insecticide-treated mosquito nets for those in high-risk areas.

### 2021 UN Staff Health & Wellness Survey

- Thank you very much to all those who participated in the **2021 UN Secretariat Staff Health and Wellness Survey**! A total of 4620 Secretariat personnel globally responded to this survey, representing an 11% response rate.
- The survey results have been visualized and are now available [here](#) in a comprehensive 13-page Power BI dashboard. [Introduction of the survey](#), and [key highlights](#) are further available. If you prefer, the exported full results are also available [here](#).
- The Public Health Team will reach out to individual missions/duty stations to discuss individualized findings and recommendations.

### HIV/PEP Kit Program

- A new “**UN System HIV PEP Kit Program: Interactive Dashboard**” and a live “**UN System HIV PEP Kit Program: Custodian Directory**” has been developed.
- The new “[UN System HIV PEP Kit Program: Interactive Dashboard](#)” provides an overview of the HIV PEP kits usage in all locations while using the UN supplied HIV PEP Kits.
- The “[UN System HIV PEP Kit Program: Custodian Directory](#)” enables organizations and personnel to locate HIV PEP custodians and relevant information to access HIV PEP services in their locations.
- For further information on the above, please reach out to [dos-dhmosh-hiv@un.org](mailto:dos-dhmosh-hiv@un.org)

### UN Global Health Challenge

- 663 Steppers just completed the 30-day **ADIEU 2022** from December 2 to 31. The mini-UN Global Health Challenge was intended to keep steppers engaged before the year ended. A total of 145,594,202 steps were logged giving an individual Daily Average of 7,320 steps. The low participation and less-than-average step count were expected due to the holidays and the onset of winter in many duty stations.
- We have published Getting Health is My New Normal, a new series in iSeek featuring some of our steppers’ inspiring stories and experiences. The latest three articles can be found below.
  - [Getting healthy is my new normal, part 10](#) (7 December 2022)
  - [Getting healthy is my new normal, part 11](#) (12 December 2022)
  - [Getting healthy is my new normal, part 12](#) (5 January 2023)

## More Recent iSeek Articles

- As a resource, see below list of recent DHMOSH Public Health iSeek articles for your use:
  - [Collect and share your family health history this holiday season](#) (21 December 2022)
  - [Key findings of the Secretariat 2021 Health and Wellness Survey](#) (3 January 2023)

## SAVE THE DATE! Join in the next DHMOSH Public Health Conversation Series Seminar #8 on January 17<sup>th</sup>

- Please help disseminate the attached health promotion flyer about our next DHMOSH Public Health Conversation Series talk for all UN personnel, held on **January 17<sup>th</sup>, 9:30 AM EST.**
- Dr. Alexandra Touroutoglou, an internationally renowned expert in aging and dementia will discuss **“The Brains that Refuse to Age”**.
- If staff want to receive a calendar invite to this talk, please encourage them to register [here](#) today.

## SAVE THE DATE! Join in DHMOSH Public Health Conversation Series Seminar #9: COVID-19 Global Updates in Year 4 of the Pandemic on February 28<sup>th</sup>

- We will hold another DHMOSH PH Conversation Series seminar led by Dr. Daniel Lucey to share information on **“COVID-19 Global Updates in Year 4 of the Pandemic ”** on **February 28<sup>th</sup>, 9:30 AM EST.**
- If staff want to receive a calendar invite to this talk, please encourage them to register [here](#) today.

## Get To Know Your Colleagues!

- We want to introduce our United Nations medical colleagues from around the world in each newsletter. Send us photos of your team to be featured!
- Below is the group photo for BANMED 2/1 hospital medical team and blood donors in Bouar (MINUSCA) who recently worked to save a patient.
- **Sitting (Left to right):** Lt Col Maksud Ahmmad, Lt Col Nasrin Begum, LT Col Villalobos Avellanb, Col Md Saydur Rahman, Maj Rameesa Mirza, Maj Mohamed Amr Afifi, Capt Torres Giuria, Lt col Md Abu Baker Siddique
- **Standing (Left to right):** Cpl Atikul Alom, Maj Most Suraiya Akhter, Maj Sabiha Mahboob, Maj Md Mukshudus Saleheen, Maj Rasha Rahman, Maj Mohammad Ashraf Parvez, Maj Md Husenuzzaman Chowdhury, Maj Md Faisal Huda, Maj Md Arif Hossain, Capt Md Shamim Hossain, Maj Estacio Gonzales, Sgt Azmol, Snk Zulfikar Alom, LCpl Mayeen Uddin





### About the DHMOSH Public Health Team

- If you would like to **learn more about DHMOSH Public Health's work** and support that we can offer, please see [here](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health – Important Policy & Events Brief (7 December 2022)

*\*Please click on the hyperlinks for more detailed information for each point*

### Infectious Disease Outbreaks & Guidelines

- **COVID-19**
  - The [COVID-19 Transitional Measures for Troops](#) has been updated to remove the requirement of in-mission 5-day quarantine for arriving contingents. (Effective 1 Nov 2022)
  - The [UN Medical Directors' Recommendations for Additional COVID-19 Vaccine & Booster Doses](#) has been updated (Oct 2022).
- **Ebola Virus Disease (EVD)**
  - Due to the current EVD outbreak in Uganda, a new EVD Staff Travel Advisory has been posted on DSS's TRIP portal for staff who are travelling into Uganda.
  - A new ISeek article for UN staff, [Ebola Virus Disease: What You Need to Know](#), has been published (26 Oct 2022)
  - A [DHMOSH Ebola one-stop web page](#) is available for all staff and UN health care workers. It includes important UN and other authoritative resources, including:
    - [EVD Posters and Factsheets](#)
    - Memo to all Missions on [PPE and medical supplies for Standard Precautions & Viral Hemorrhagic Fever Disease Management](#) Including EVD
    - DHMOSH's Overview, Diagnosis and Clinical Management of Ebola Virus Disease (conducted 2 Nov 2022) ([Video](#) / [PowerPoint](#))
    - DHMOSH Training on PPE Use and Triage for Ebola Virus Disease (conducted 2 Nov 2022) ([Video](#) / [PowerPoint](#))
- **Cholera**
  - A [DHMOSH Cholera one-stop web page](#) is available for all staff and UN health care workers.
  - A new presentation on Cholera Clinical Management and Prevention is available (conducted 21 Nov 2022) ([Video/PowerPoint](#)).
  - Please contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org) for any questions related to cholera vaccine.
- **Measles**
  - WHO and CDC jointly published that in 2021, nearly 61 million measles vaccine doses were postponed or missed due to COVID-19-related delays in immunization campaigns in 18 countries. Delays increase the risk of measles outbreaks and now is the time for public health officials to accelerate vaccination efforts and strengthen surveillance. For more information, visit [here](#) and [here](#).

### HIV/PEP Kit Program

- A new presentation on Preventing HIV Stigmatization presented by Stephen Talugende, UNIFIL (6 Dec 2022) is ([Video/PowerPoint](#))
- DHMOSH has recently completed the deliveries of 2752 [HIV PEP Kits](#) to 162 countries and duty stations. In addition, 3,554 UN HIV PEP Guidelines documents, 2,891 Custodian and patient reporting forms and 2,873 physician assessment forms were sent to countries with the HIV PEP kits.

- Your offices should have by now received new set of HIV PEP Kits. Please email [dos-dhmosh-hiv@un.org](mailto:dos-dhmosh-hiv@un.org) if you have any problems with receiving the kits.

## UN Global Health Challenge

- The 90-day “[Healthy is the New Normal: UN Global Health Challenge 2022](#)” just ended on October 29. Average of all daily steps logged by 3,000 participants in 80 UN duty station teams around the world was 9,523 steps. 5 teams reached the top Highly Active status, logging a daily average of 12,500 steps or more during the course of the Challenge. 17 teams got Active status with an average of 10,000 to 12,499 steps per day. 600 steppers reached/exceeded the average 10,000/day step target recommended by WHO.
- Many of our GHC steppers have inspiring stories to share. Check out their experiences in these iSeek articles here for inspiration, and please join the next time it opens up!
  - [Getting healthy is my new normal, part 2](#) (3 October 2022)
  - [Getting healthy is my new normal, part 3](#) (10 October 2022)
  - [Getting healthy is my new normal, part 4](#) (18 October 2022)
  - [Getting healthy is my new normal, part 5](#) (24 October 2022)
  - [Getting healthy is my new normal, part 6](#) (31 October 2022)
  - [UN Amazing Race makes exercising fun](#) (3 November 2022)
  - [Getting healthy is my new normal, part 7](#) (7 November 2022)
  - [Getting healthy is my new normal, part 8](#) (14 November 2022)
  - [Results of the 2022 UN Global Health Challenge](#) (22 November 2022)
  - [Getting healthy is my new normal, part 9](#) (28 November 2022)

## Recent iSeek Articles

- As a resource, see below list of recent DHMOSH Public Health iSeek articles for your information:
  - [World Diabetes Day 2022](#) (14 November 2022)
  - [Antibiotics do's and don'ts](#) (30 November 2022)
  - [World AIDS Day 2022: Equalize!](#) (1 December 2022)
  - [Let's focus on men's health](#) (2 December 2022)

## DHMOSH Public Health Conversation Series #7: Intermittent Fasting and Weight Loss

- If you missed it, check out our iSeek article and video of our last Public Health Conversation Series on Intermittent Fasting, available [here](#) and [here](#).
- If you want to be on the mailing list for future talks, please register [here](#) today.

## Join the CASEVAC Hub Community!

- On behalf of UNMERT, we would like to share about the Casualty Evacuation (CASEVAC) Hub which is a Community of Practice for sharing information, guidance, and learning related to casualty management in the United Nations.
- If you would like to learn more about medical emergency preparedness and response strategies or if you would like to become a more proficient actor in these high-stress situations, check out the [CASEVAC Hub](#) community.

- You can also read the iSeek article on CASEVAC Hub [HERE](#).

### Get To Know Your Colleagues!

- We want to introduce our United Nations medical colleagues from around the world in each newsletter. Send us photos of your team to be featured!
- Below is the medical team of BINUH Level 1 Clinic, Port-au-Prince, Haiti composed of 2 doctors, 1 nurse and a driver. Unfortunately, the nurse is on leave.
- From left to right we have: Bob Claude (Driver), Dr Emmanuel Ghangha (CMO), Dr Stephanie Dargout (Medical Officer).



### About the DHMOSH Public Health Team

- If you would like to learn more about DHMOSH Public Health's work and support that we can offer, please see [here](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)



## Infectious Disease Outbreaks & Guidelines

- **Ebola Virus Disease (EVD) Outbreak in Uganda**
  - There has been a recent outbreak of Ebola Virus Disease caused by the Sudan virus (SUDV) in Uganda. See [Ebola Disease caused by Sudan virus - Uganda](#) and [WHO Ebola Virus Disease](#) for more information.
  - To support you, we have a [DHMOSH one-stop web page on Ebola](#) with important UN resources, including the “**UN Medical Directors’ Ebola Prevention Recommendations to All UN Personnel**” ([English](#) / [French](#)).
- **Monkeypox**
  - A [DHMOSH one-stop web page on Monkeypox](#) is available to support you as needed.
  - On this page, you will find the [English](#) and [French](#) versions of the recently updated “**UN Medical Directors’ Risk Mitigation Plan for Monkeypox**”.
  - A new DHMOSH Monkeypox [Powerpoint Presentation](#) has been created based on this RMP.
  - [Free clinical resources](#) are also available for all UN health workers.
- **Influenza**
  - Note that in March 2022, WHO’s new [Guidelines for the Clinical Management of Severe Influenza](#) continues to recommend oseltamivir (Tamiflu) for those with severe influenza or risk factors for severe illness.
  - General information on influenza is also available [here](#).

## HIV/PEP Kit Program

- On 31 August, a presentation on **HIV Pre-Exposure Prophylaxis (HIV-PrEP)** was delivered by the Public Health experts to more than 200 UN health workers, HIV PEP custodians, HIV PEP country managers and other stakeholders. You can check out the video recording of the talk [here](#) and see the presentation [here](#)

## UN Global Health Challenge

- We are now in the final leg of the 90-day [Healthy is the New Normal: UN Global Health Challenge 2022](#) which ends on October 29. More than 1.1 billion steps have already been logged by 3,000 participants in 80 UN duty station teams around the world. We have also started publishing [Getting Health is My New Normal](#), a new series in iSeek featuring some of their inspiring stories and experiences.

## Listen to Intermittent Fasting and Weight Loss Talk, DHMOSH Public Health Conversation Series #7!

- Thank you to the over 600 participants who registered for our 27 September DHMOSH Public Health Conversation Series talk on “**All You Need To Know About Intermittent Fasting and Weight Loss**”.
- Video recording of this session and all previous episodes in the series can be found [here](#).
- If you want to be on the mailing list for future talks, please register [here](#) today.

## Recent iSeek Articles

- As a resource, see below list of recent DHMOSH Public Health iSeek articles for your use:
  - [World Rabies Day is Today](#) (September 28,2022)
  - [Getting healthy is My New Normal, Part 1](#) (September 26, 2022)

## Public Health stories from the field

- Here we feature interesting public health & health promotional campaigns from the field.
- On 3rd September, **UNMISS** conducted a health promotion and disease prevention campaign for 126 UNMISS personnel in Juba. Health education, medical consultations, counselling and testing on HIV, and general counselling were provided on demand. BMI, blood sugar, and blood pressure of the participants were recorded and reported. See photos of UNMISS medical staff with DMS.





### Get To Know Your Colleagues!

- We want to introduce our United Nations medical colleagues from around the world in each newsletter. Send us photos of your team to be featured!
- Below is the senior team of the UNRWA Department of Health at Headquarters in Amman, Jordan.



### About the DHMOSH Public Health Team

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**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)



## Infectious Disease Outbreaks & Guidelines

- **COVID-19**
  - The ***“UN Medical Directors’ Risk Mitigation Plan for COVID-19”*** ([ENG/FR](#)) has been revised to be aligned with WHO’s latest quarantine and contact tracing recommendations.
  - Similarly, the ***“COVID-19 Guidance on Isolation Wards, Quarantine Facilities and Configuration of TCC/PCC Barracks”*** ([ENG](#)) has been revised to align with WHO recommendations.
- **Monkeypox**
  - The ***“UN Medical Directors’ Risk Mitigation Plan for Monkeypox”*** ([ENG](#)) has been updated to include information on the Public Health Emergency of International Concern (PHEIC) announcement by the WHO. The French version is forthcoming soon.
  - A **DHMOSH one-stop webpage on Monkeypox** ([ENG](#)) is available for your reference.
  - In case interested, see below DHMOSH’s **iSeek articles on Monkeypox** that could be useful as general information to staff in your duty station.
    - [Monkeypox in multiple countries: call for caution not alarm](#) (July 1, 2022)
    - [Updates on the multi-country outbreak of monkeypox](#) (August 2, 2022)

## Chronic Disease Prevention

- **Global Health Challenge**
  - Thank you for helping us disseminate info to your staff! We are happy to announce that all 3000 slots have been filled up for the [2022 Global Health Challenge: “Healthy is the New Normal”](#), which runs from 1 August – 29 October. Participants will get together in country teams and aim to walk/run at least 10,000 steps daily.
- **Public Health Conversation Series Talk for All Staff on 27 September**
  - The [Public Health Conversation series](#) is back and aims to encourage all UN staff to form healthy habits for living. Please spread the word about our next talk on September 27 by Dr Jason Fung, a world’s leading expert on intermittent fasting. Look out for more information coming soon, and any staff who want to be on the mailing lists for future talks can register [here](#)

## 2021 UN Staff Health & Wellness Survey

- Thank you for all your efforts to help us disseminate this survey! Our team is currently in the process of consolidating and analyzing results of the [2021 UN Staff Health & Wellness Survey of UN Secretariat staff](#) globally. This survey will provide very useful baseline information on the health & wellness of staff and enable us to strategize on staff health and wellness programs.
- An interactive Power BI dashboard based on the survey results will soon be shared with the mission’s medical services, senior management, and staff of Secretariat entities. Note that the first phase of results & analysis will feature the questions related to physical health only; we expect that the questions related to mental health would be disseminated at a later stage by our mental health colleagues.

## HIV/PEP Kit Program

- The team has worked very hard to prepare the new batch of **HIV Post Exposure Prophylaxis (PEP) Kits for delivery** to duty stations worldwide as the current kits have expired. Over 3000 PEP kits have been procured and are enroute to your duty stations. For any questions, contact [dos-dhmosh-hiv@un.org](mailto:dos-dhmosh-hiv@un.org)
- Please note that it is **mandatory to report any usage of HIV PEP kits to DHMOSH** by submitting the Custodian and Patient reporting form ([ENG/FR](#)) and the Physician Assessment forms ([ENG/FR](#)) to [dos-dhmosh-hiv@un.org](mailto:dos-dhmosh-hiv@un.org)
- The **latest PEP kit guidelines** are available here ([ENG/FR](#)) and the **one-stop PEP Kit webpage** is available [here](#)

## Get To Know Your Colleagues!

- We want to feature our UN colleagues from around the world each week. Send us photos of your team to be featured!
- Today we feature the medical team of the UN Interim Administration Mission in Kosovo (UNMIK)



## About the DHMOSH Public Health Team

- If you would like to **learn more about DHMOSH Public Health's work** and support that can be offered to you, please see [here](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health – Important Policy & Events Brief (17 November 2021)

### About the DHMOSH Public Health Team

- If you would like to **learn more about DHMOSH Public Health’s work** and support that can be offered to you, please see [here](#)

### Learn about Hypertension at our last Public Health Conversation series

- Thank you to the 419 participants who joined us on the talk by Dr Michael Weber, a leading global expert on hypertension, to hear tips on **“How to Prevent and Manage High Blood Pressure”**
- If you missed it, catch it [here](#) at your convenience and feel free to share with staff and colleagues!
- If you want to be on the mailing list for future talks, please register [here](#) today.

### Importance of Using Disease Data to Guide Public Health Action

- Thank you to the over 153 participants of our last Public Health Leadership Series talk where Lesliann Helmus from the CDC discussed the **“Use of Disease Data to Guide Public Health Action”**
- If you missed it, catch it [here](#) at your convenience!
- If you want to be on the mailing list for future talks, please register [here](#) today.

### On HIV & PEP Kits

- Thank you to the 58 participants who joined us on 16 November at our last Quarterly HIV Meeting on **“What’s Hot in HIV: Trends, Diagnosis and Management”**
- If you missed it, catch it [here](#) at your convenience!
- A new **introductory HIV PEP Kit video for UN personnel** is available here in [English](#) and [French](#). Please feel free to disseminate to staff in your duty station for their general information.

### Get To Know Your Colleagues!

- We plan to feature our UN colleagues from around the world each week.
- Today we feature the medical team of the **UN Clinic in Liberia**, comprising 2 doctors, 4 nurses (2 short-term surge nurses), 1 lab technician and 1 ambulance driver (not in photo) and 1 cleaner.
- Left to right: Head nurse Annie Robinson, Dr Filmon Beraki, Dr Mohammed Kamara, Surge nurse Oretha Paye, Lab tech Joseph Koryon, Surge Nurse Lawretor Peterson, Nurse Martin Mambu. Sitting: Cleaner Eunice Konateh



**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health – Important Policy & Events Brief (6 October 2021)

### On COVID-19

- Please see this COVID-19 vaccination [presentation](#) given recently at a UNMISS townhall, for your adaptation/use.
- If you wish our team to support you in giving this presentation “**COVID-19 Vaccines and Why You Should Get Vaccinated**” to your staff locally, contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

### Infectious Disease Outbreaks & Guidelines

- **Cholera, Yellow Fever, Lassa fever in Nigeria**
  - Nigeria is battling several outbreaks including cholera, yellow fever, COVID-19, Lassa fever, measles, and monkeypox.
  - For Cholera, see this [DHMOSH webpage on Cholera](#), and the “UN Medical Directors’ Risk Mitigation Plan for Cholera” ([ENG/FR](#)). A “Staff Info Leaflet” is also available [here](#).
  - For Lassa fever, see this [DHMOSH webpage on Lassa fever](#), along with the “UN Medical Directors’ Risk Mitigation Plan for Lassa Fever” ([ENG/FR](#)). A “Staff Info Leaflet” is also [here](#).

### Join our Next DHMOSH Public Health Conversation Series Talk next Tuesday! (Attached Flyer for Distribution)

- Please help disseminate the attached health promotion flyer about our next DHMOSH Public Health Conversation Series talk for all UN personnel, held **next Tuesday, October 12<sup>th</sup>, 9 AM EST**
- Dr Michael Weber, the world’s leading expert on hypertension and preventive cardiology will share tips for UN staff on “**How to Prevent and Manage High Blood Pressure**”.
- If staff want to receive a calendar invite to this health promotion talk, please encourage them to register [here](#) today.

### Listen to Our Last DHMOSH Public Health Leadership Seminar Talk!

- Thank you to the over 150 participants of our last Public Health Leadership Series talk on “**Essential Leadership Skills for Medical & Public Health Practitioners**”
- If you missed it, catch it [here](#) at your convenience! If you want to be on the mailing list for future talks, please register [here](#) today.

### Get To Know Your Colleagues!

- We plan to feature our UN colleagues from around the world each week.
- Today we feature the medical team of **MONUSCO Beni UNOE Level 1 Clinic**, comprising 2 doctors, 2 nurses and 1 ambulance driver who also acts as medical waste manager.
- Sitting L-R: Nurses Judith Kahandavukya & Zorica Tomic / Standing L-R: Dr Bobby Othigo, Ambulance Driver Ntumba Mukendi & Dr Luc Victor



**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

### Infectious Disease Outbreaks & Guidelines

- **Plague in Madagascar**
  - Madagascar is currently experiencing an outbreak of pneumonic plague after its last large-scale outbreak in 2017. As of 12 Sept, WHO [reports](#) a total of 30 cases and 7 deaths.
  - The [DHMOSH Webpage on Plague](#) has been updated, along with the “**UN Medical Directors’ Risk Mitigation Plan for Plague**” ([ENG/FR](#)) Please review the document as needed.
- **Meningitis / Meningococcal Disease Outbreak in DRC**
  - WHO reports that as of 18 Sept, a total of 608 suspected cases and 161 deaths have been reported in the Banalia health zone, DRC. For more WHO info on this outbreak, see [here](#).
  - A new [DHMOSH webpage on Meningitis/Meningococcal Disease](#) is now available
  - Both English and French versions of DHMOSH’s “**Guidelines on Management of Meningococcal Disease Outbreaks**” is also newly available ([ENG/FR](#)).
  - In DRC, UN health workers should be sensitized to identify and manage any potential cases, including clinical management with ceftriaxone. Staff should be notified to be aware of symptoms to be monitored, when to seek care and how to prevent transmission of meningitis. At-risk staff populations should be vaccinated with the Meningitis W Vaccine.

### UN System HIV PEP Kit Program

- A new [UN HIV Post-Exposure Prophylaxis \(PEP\) Program Video](#) has been developed by DHMOSH in collaboration with CDOTS/DOS.
- The 5-minute video introduces all staff to the HIV PEP Program and is targeted at all UN personnel, including managers, UN health care workers, PEP custodians and HIV focal points.
- Additionally, a new [DHMOSH HIV and PEP webpage](#) is also now available for all existing information and DHMOSH resources on HIV PEP.
- Please feel free to distribute the above resources as necessary to staff.

### Join our Next DHMOSH Public Health Leadership Series Seminar #2 next Thursday!

- Our next DHMOSH PH Leadership Series seminar for public health and medical staff will be held **next Thursday, September 30<sup>th</sup>, 9:30 AM EST**
- Dr Stephen Thomas will return to discuss “**Essential Leadership Skills for Public Health Practitioners**”
- If you want to receive an invitation to this talk, register [here](#) today

### Listen to Our Last DHMOSH Public Health Conversation Talk on Weight Management!

- Thank you to the almost 460 participants who attended our last Public Health Conversation Series talk on “**How to Lose Weight and Keep It Off**”! If you missed it, catch it [here](#) at your convenience

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)



## Guidance on Latest Infectious Disease Outbreaks

- **NEW – Guidelines on Management of Meningococcal Disease Outbreak ([Attached document](#))**
  - A large meningitis outbreak with a 50% case-fatality rate was recently declared in the Tshopo province, DRC. Tests confirmed the cause of some cases to be *Neisseria meningitidis*, the causative agent of meningococcal disease. Whilst the affected area has currently no known presence of UN personnel, we nevertheless take the opportunity to remind all duty stations on how to identify and manage meningococcal disease outbreaks.
  - Duty stations, especially those in the “[meningitis belt](#)”, should review and implement the attached guidance as needed.
- **UPDATED – Ebola Virus Disease Risk Mitigation Plan ([ENG/FR](#))**
  - With the recent Ebola outbreak occurring in Ivory Coast, this UN Medical Directors’ guidance has been updated to include consideration of the EVD vaccine.
- **NEW – Marburg Virus Disease Risk Mitigation Plan ([ENG/FR](#))**
  - With the new MVD case identified in West Africa, a new UN Medical Directors’ MVD Risk Mitigation Plan providing recommendations to UN personnel has been developed in English and French.

## Thank you for Participating in UN-Wide Health Survey

- Thank you for everyone’s participation on this survey. **This health survey closed on 23 August with over 19,000 responses received from all UN System entities, and almost 5000 responses received from Secretariat organizations alone!** Survey analysis is ongoing and a report from the survey results will be issued when ready.

## Join our Next DHMOSH Public Health Conversation Series this Thursday! ([Attached Flyer for Distribution](#))

- Please help us disseminate the attached flyer to your staff to inform them of our next Public Health Conversation Series talk, held **this Thursday, September 16<sup>th</sup>, 9 AM EST**
- Dr Angela Fitch, Associate Director of the Massachusetts General Hospital Weight Center, faculty at the Harvard Medical School and Vice President of the Obesity Medicine Association will share tips on “**How to Lose Weight and Keep It Off**”
- **If you want to receive an invitation to this talk, register today at <https://www.surveymonkey.com/r/UNHealthChampions>**

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)



## Orientations sur les dernières épidémies de maladies infectieuses

- **NOUVEAU - Lignes directrices sur la gestion des épidémies de méningococcie (document joint)**
  - Une importante épidémie de méningite avec un taux de létalité de 50% a récemment été déclarée dans la province de la Tshopo, en RDC. Des tests ont confirmé que la cause de certains cas était *Neisseria meningitidis*, l'agent causal de la maladie méningococcique. Bien qu'il n'y ait actuellement aucune présence connue de personnel des Nations Unies dans la zone affectée, nous profitons néanmoins de l'occasion pour rappeler à tous les lieux d'affectation la manière d'identifier et de gérer les épidémies de méningococcie.
  - Les lieux d'affectation, en particulier ceux situés dans la "[ceinture de la méningite](#)", devraient revoir et mettre en œuvre les directives ci-jointes selon les besoins.
- **MISE À JOUR - Plan de réduction des risques liés à la maladie à virus Ebola (ENG/FR)**
  - Avec la récente épidémie d'Ebola en Côte d'Ivoire, ce guide des directeurs médicaux des Nations Unies a été mis à jour pour inclure la prise en compte du vaccin contre la Maladie à Virus Ebola (MVE).
- **NOUVEAU - Plan de réduction des risques liés à la Maladie à virus Marburg (ENG/FR)**
  - Avec le nouveau cas de la Maladie à virus Marburg (MVM) identifié en Afrique de l'Ouest, un nouveau plan de réduction des risques de MVM des directeurs médicaux de l'ONU fournissant des recommandations au personnel de l'ONU a été développé en anglais et en français.

## Merci d'avoir participé à l'enquête de santé de l'ONU

- Merci à tous pour votre participation à cette enquête. **Cette enquête sur la santé a été clôturée le 23 août avec plus de 19 000 réponses reçues de toutes les entités du système des Nations Unies, et près de 5000 réponses reçues des seules organisations du Secrétariat !** L'analyse de l'enquête est en cours et un rapport sur les résultats de l'enquête sera publié dès qu'il sera prêt.

## Participez à notre prochaine série de conversations sur la santé publique DHMOSH ce jeudi ! (Dépliant ci-joint pour distribution)

- Aidez-nous à diffuser le dépliant ci-joint auprès de votre personnel afin de l'informer de la prochaine conférence de la série de conversations sur la santé publique, qui aura lieu **ce jeudi 16<sup>th</sup> Septembre à 9 heures (Heure de New York)**.
- Le Dr Angela Fitch, directrice associée du centre d'amaigrissement de l'hôpital général du Massachusetts, membre du corps enseignant de la faculté de médecine de Harvard et vice-présidente de l'association de médecine de l'obésité, partagera ses conseils sur le thème "**Comment perdre du poids et ne pas le reprendre**".
- Si vous souhaitez recevoir une invitation à cette conférence, inscrivez-vous dès aujourd'hui à l'adresse <https://www.surveymonkey.com/r/UNHealthChampions>.

**Vous avez des questions ?** Contactez [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health Policy & Events Brief (23 August 2021)

### Ebola Virus Disease (EVD)

- Ivory Coast has reported its first known case of Ebola virus disease since 1994.
- All **UN guidelines for EVD preparedness and response** is available [here](#)
- The **UN Medical Director's Ebola Risk Mitigation Plan** is being updated and a new version will be available shortly on the website.

### Marburg Virus Disease (MVD)

- Guinea has confirmed a case of Marburg virus disease in the southern Gueckedou prefecture. For more information, please review **WHO's MVD fact sheet**
- WHO's **guidance on MVD infection prevention and control in health care settings** is available [here](#).

### On COVID-19

- Reminder that the latest COVID-19 FAQ for staff are available [here](#)

### DHMOSH Public Health Leadership Seminar Series

- Our first training webinar for public health practitioners was held on 18 August and featured guest expert Dr Stephen Thomas.
- Watch "**History of the Military & Infectious Disease**" [here](#). Register [here](#) for future sessions.

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health Policy & Events Brief (16 August 2021)

### On COVID-19

- **UPDATED - DHMOSH Guidelines on Thrombosis with Thrombocytopenia Syndrome following COVID-19 Vaccinations ([ENG](#))**
  - *This guidance has been updated such that any patients with relevant symptoms within 30 days of receipt of adenovirus vectored COVID-19 vaccines should be considered as suspect cases.*
- **REMINDER – Report all Outbreaks through Online Reporting Tool**
  - *As many locations are facing the third wave of COVID-19 outbreaks, please stay vigilant and continue to monitor for outbreaks in your duty stations.*
  - *If you have a new outbreak, please enter them into the Outbreak Response Tool [here](#). This outbreak report is sent daily to senior management of the UN hence it is important that you keep it updated.*

### Vaccinations & Malaria Prophylaxis

- **UPDATED - UN Medical Directors Vaccination & Malaria Prophylaxis Recommendations for UN Personnel on Official Travel & UN Health Care Workers [ENG](#)/ [FR](#)**
  - A new presentation version is now available [here](#).

### Make Your Voice Count: UN-Wide Health Survey!

- **All staff in Secretariat organizations are encouraged to complete this [UN-wide Health Survey 2021](#) on their health & well-being** (generic password “UNHealth2021”). We have received over 4000 UN Secretariat responses so far but would love more responses. Deadline for this survey has been extended to August 22. Spread the word to your colleagues and with your staff!

### Join the DHMOSH Public Health Leadership Seminar Series

- All United Nations public health and health professionals are invited to join us on August 18<sup>th</sup>, 9 AM EST to discuss the “**History of the Military & Infectious Disease**” & “**Leadership Lessons from COVID-19**” with guest expert Dr. Stephen Thomas. Register today at [Become a DHMOSH Public Health Leader - Sign Up Here! Survey \(surveymonkey.com\)](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## HIV & Post-Exposure Prophylaxis (PEP) Kits

- **NEW DHMOSH Guidelines on HIV Testing in UN Health Facilities** ([ENG](#))
  - *This document aims to support UN healthcare workers with key information on how to provide HIV testing as part of health care services to all UN personnel. Note: As of 2019, the WHO [recommends](#) replacing western blotting and line immunoassays with simpler tests in HIV testing services, including rapid diagnostic tests (RDTs), and enzyme immunoassays (EIAs) Three consecutive reactive test results are now required to make a HIV –positive diagnosis. HIV tests can be procured by all duty stations directly from UNFPA. See [here](#) for more information.*
- **NEW HIV & PEP Kit Program UN Webpage** ([ENG](#))
  - *Comprehensive information on HIV & the UN System’s PEP Kit program is now available [here](#)*

## Vaccinations & Malaria Prophylaxis

- **UPDATED UN Medical Directors Vaccination & Malaria Prophylaxis Recommendations for UN Personnel on Official Travel & UN Health Care Workers** ([ENG/ FR](#))
  - *French version is now available. Details of the guidance will be presented at one of the Monday morning weekly meetings.*

## Make Your Voice Count: UN-Wide Health Survey!

- **All staff in Secretariat organizations are encouraged to complete this [UN-wide Health Survey 2021](#) on their health & well-being** (generic password “UNHealth2021”). Deadline for this survey has been extended to August 15. Please spread the word to your colleagues and with your staff!

## Join the DHMOSH Public Health Leadership Seminar Series

- All UN medical and public health professionals to join us on August 18<sup>th</sup>, 9 – 10:15 AM EST to discuss the “**History of the Military & Infectious Disease**” & “**Leadership Lessons from COVID-19**” with guest expert Dr. Stephen Thomas. Register today at [Become a DHMOSH Public Health Leader - Sign Up Here! Survey \(surveymonkey.com\)](#)

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health Policy & Events Brief (2 August 2021)

### Review Latest Staff Travel Vaccinations & Malaria Prophylaxis Guidelines

- **UPDATED UN Medical Directors Vaccination & Malaria Prophylaxis Recommendations for UN Personnel on Official Travel & UN Health Care Workers** [here](#)
  - *Provides overarching guidance on travel vaccinations and malaria prophylaxis recommended for staff & for health care workers.*
  - *A detailed presentation will be made on Monday 9 August at the weekly clinical meeting.*

### Help disseminate the UN-Wide Health Survey to staff!

- **All staff in Secretariat Organizations are encouraged to complete this [UN-wide Health Survey 2021](#) on their health & well-being** (generic password “UNHealth2021”).
- Deadline for this survey has been extended to August 15. Please spread the word!

### Register for Upcoming DHMOSH Public Health Leadership Seminar Series

- Inviting all UN medical and public health professionals to join us on **August 18<sup>th</sup>, 9 AM EST** to discuss the “**History of the Military & Infectious Disease**” with guest expert Dr. Stephen Thomas.
- Invite your colleagues to register their interest at [Become a DHMOSH Public Health Leader - Sign Up Here! Survey \(surveymonkey.com\)](#)

### All Things COVID-19

- **UPDATED UN Medical Directors’ COVID-19 Risk Mitigation Plan** (Guidance [ENG](#) / [FR](#) and Presentation [ENG](#) / [FR](#)).
  - *French versions are now available*
- **NEW UN Medical Directors’ Guidance to UN Health Care Workers on Documentation of COVID-19 Vaccines** [ENG](#) / [FR](#)
  - *The French version is now available*

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)

## DHMOSH Public Health Policy & Events Brief (26 July 2021)

### All Things COVID-19

- **UPDATED UN Medical Directors' COVID-19 Risk Mitigation Plan** (Guidance [ENG](#) and Presentation [ENG](#)).
  - *This updated version provides new recommendations for UN personnel who are fully vaccinated against COVID-19 (Section 12)*
- **NEW UN Medical Directors' Guidance to UN Health Care Workers on Documentation of COVID-19 Vaccines** [here](#)
  - *Provides new information to all UN medical staff on how to document COVID-19 vaccinations onto WHO Yellow Card*
- **NEW UN Medical Directors' Risk Management Framework for Decision Makers on Return to the Workplace** [here](#)
  - *This document provides a broad framework to senior decision makers to help them develop a local return-to-the workplace policy. Any questions, please contact [osh@un.org](mailto:osh@un.org)*
- **NEW UN Transitional Measures for Uniformed Personnel Rotations in a COVID-19 Environment** [here](#)
  - *This document supersedes the previous transitional measures for uniformed personnel rotations and maintains the previous 14-day quarantine policies pre-deployment and post-arrival in-mission for formed units (even for uniformed personnel who are fully vaccinated). Additionally, all uniformed personnel should have a negative COVID-19 PCR test result prior to deploying.*

### Public Health Monthly Conversation Series for All UN Staff

- Are you and your staff interested in getting healthier? Check out our previous **DHMOSH Public Health Conversation Series** talks [here](#) on nutrition, exercise, sitting too much and alcohol. Encourage your staff to subscribe to our mailing list [here](#) to receive information on upcoming talks.
- Our next talk will be on Obesity and Weight Loss on September 16, Thursday.

### Calling All Public Health Practitioners & Leaders!

- A monthly **DHMOSH Public Health Leadership** webinar series for all UN medical and public health practitioners will start in August. We will share information resources, ideas and tools for you to grow as public health leaders. Register your interest [here](#) today!

### Encouraging all UN Secretariat Staff to participate in UN Health Survey

- Over 20 United Nations entities are joining together to conduct a collective Health and Wellbeing survey this year! **Encourage your staff in Secretariat organizations to respond to the survey at [UN-wide Health Survey 2021](#)** (generic password UNHealth2021). Make your voices heard and participate in shaping future approaches to health and wellbeing policies in the UN by responding to this survey today!

**Got Questions?** Contact [dos-dhmosh-public-health@un.org](mailto:dos-dhmosh-public-health@un.org)