# Welcome to the Client Orientation Webinar UN Coaching Programme





# Agenda

Welcome

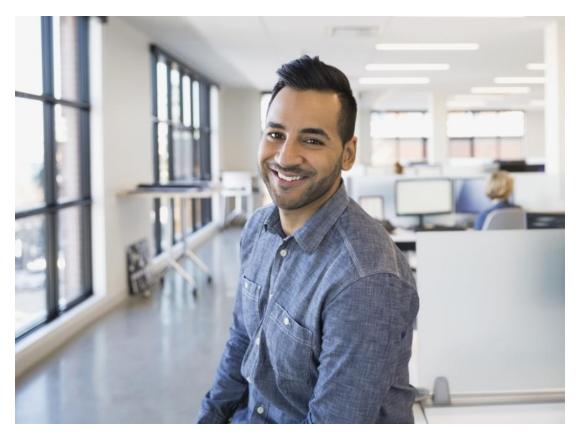
**Background** 

**Pilot description** 

**Values and Expectations** 

Q&A







# Background

#### What led us to this idea?

- Engagement levels around careers
- Need for career support programmes, especially for General Service, women, caregivers
- Success of UNOV programme



# **UN Coaching Programme Goals**

#### Long-term:

- Increase staff engagement and career satisfaction
- <sup>2</sup> Provide individualized career support
- Provide cost-effective career support
- Create a coaching culture

#### **Short-term:**

- Build network of coaches
- Serve small pilot group of clients

Test pilot format, including platform



# **Next Steps for You**

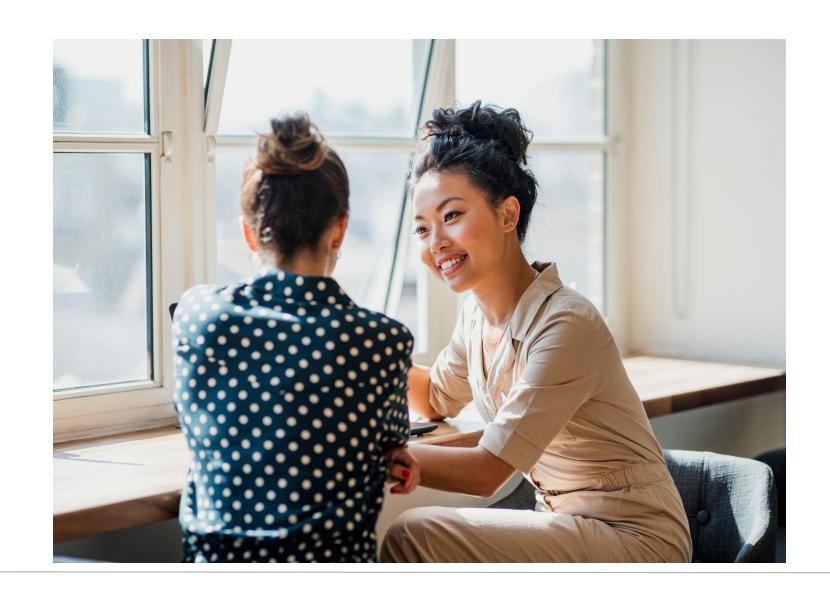
- Register fill out questionnaire
- Search for and request a coach starting today
- Pairing will remain open
- Schedule your introductory meeting





# **Coaching Sessions**

- Participate in 5 coaching sessions (Feb-June)
- Introductory meeting
- Discovery Session
- 3-4 coaching sessions
- Concluding session





# Coaching Sessions - Tasks List

#### **Assigned Tasks**

These tasks will be automatically added to each new pairing in this program

- Attend the Coach Orientation Webinar- 30 January 2023 Mentor
- Attend the Client Orientation Webinar- 30 January 2023 Mentee
- Review the Coaching Agreement guidance Both
- Fill-in and submit to your coach the Client Profile Form Mentee
- Ask your client to fill-in and send you the Client Profile Form Both
- Add task





#### **Client Resources**

- Session Overviews
- Guidance
- Suggested videos, TedTalks
- 1:1 email support





#### **Benefits for Clients**

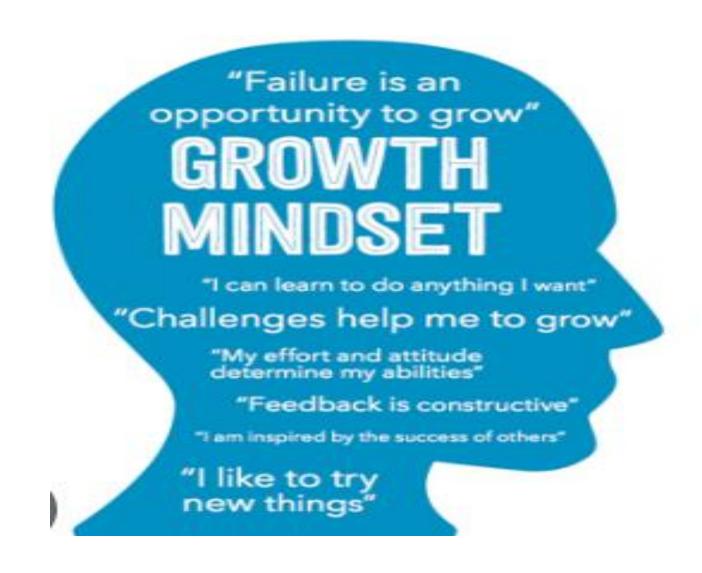
- Insight, self-awareness
- New ideas for tackling challenges and reaching goals
- Inspiration
- Career satisfaction





#### Coachability

Coachability is a person's readiness and ability to learn, seek, be openminded, and act on constructive feedback with focus to drive personal development and improve performance.





#### **How can I embrace Coachability?**

Open to learning something new

Self-Awareness

Action-oriented

Accountable

Willing to try new things

Thinks long-term





# Q&A Please share your questions

